

POEMS OF THE MONTH

Fallen Eagle

-Simon Zachariah

I was born on a mountain top,
Nothing could harm me there!
Huge rocks surrounded our nest,
Wind blew strong, but we giggled.

Mother fed us many times a day,
We learned to use our feathers
We learned to chase at each other.
Even in rain and loud thunder!

We shouted loud “we are eagles!”
Coming to fathom the dark clouds.
We will chase and hunt in wild,
We are mighty eagles of heights

One day I got tempted, way down,
Silly me! Glided down and down,
All I heard was one loud noise!
Now here am I, bleeding, dying.

ഒരു ചോറ് പാത്രം.

സൈമൺ സഖറിയ

എല്ലാവരും ചുമക്കും ഓരോ ചോറ് പാത്രം
അവളും ചുമന്നു ഒരൊഴിഞ്ഞ ചോറ് പാത്രം
ഒന്നുമതിൽ ഇല്ലെന്നോർക്കും എന്നുമെന്നും
അഭിമാനമോ വിശപ്പോ ഏതു മെച്ചം?

ഇല്ലാത്തവനാകാൻ ഏറെ പ്രയാസമില്ല
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Channels of Glory Inc.
404 Laurelwood Drive, Bloomington,
IN. 47401 USA

Ph. 812-333-3159
Email: administrator@channelsofglory.org

Visit us on the web:
channelsofglory.org

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A Newsletter

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Do you know how difficult is to
'Live poor among the rich!'



Channels of Glory – **Letter from Dr. Simon Zachariah**

I do not know how many of you know that I was a scientist and still am a scientist. I do not mean the diploma or educational qualification. The world gives undue importance to the word ‘Scientist’ to convince others that what they are saying has been approved by scientists. When we were children, we always believed that ‘whatever is written or printed in the text books are the ultimate truths. Or in other words whatever the teachers say in the school are all exactly to be believed. But the real ‘truth’ has a strong tendency to change. So scientists also change their words quite often. In other words, I myself also have a tendency to change my views according to the new upcoming information.

It is a God given ability to judge everything, including people. We evaluate the past experiences about matters,

incidents, people, etc. and judge the current situation and plan ahead for the future plan of action. There is no escape from this behavior, because the ability to ‘judge’ is built-in us. But what we should do is to be willing to change our judgement quite often. I always tell people my observation about people. “There a chance of change in every person” In other words, the people which we think are good can be changed very easily and vice versa. The brain plays a major role in our judgement. In every new circumstance, the brain will assess the past experiences and make a judgement. But if it cannot remember some of the past experiences, our judgement will be very mild. Somebody once told me that “I can’t forget many silly things...which I should not remember at all.” I always thought that forgetfulness is a very bad quality. But according to him, it is a blessing to forget all the conflicts and shortcomings of others as well as ours, so that we can go forward with new decisions and strong confidence.

Certain things are very hard to forget. But when we think that so many of our shortcomings are forgiven by others, we feel that we also should forgive, forget and move on. Recently I saw a veterinarian cutting an overgrown horn of a bull. Its horn was overgrown and curved towards its eyes and was hurting the animal a lot. When the veterinarian cut the tip of its horn, the animal was much relieved. That reminded me how the horns of our pride can overgrow and hurt our sight. So next time if you feel like judging others, please remember the possibility that they might have changed.

Always remember that “Forgiving is Divine!”

Many times we approach a person with much expectation. But soon we will be disappointed. It will be registered in our brain as a negative remark about that person. The disappointment actually happened because of our unrealistic expectation about that person. Quite often people do not respond according to our expectations. This happens because we do not really understand the situation the individual is experiencing at that moment. But later we will understand the reason for his or her behavior. Then we will regret about our misjudgment.

When we are in any kind of need we look to our friends and relatives to give a helping hand. But soon we will be disappointed. This is the time we have to look up to God. God knows everyone as they are. God knows our abilities and inabilities. I remember the story of a child who went to see his father’s farm. Suddenly from nowhere some huge dogs came running towards the child. At first the child tried to chase them away. Later he shouted to his dad to chase and punish them. Much later he ran to his dad and asked him to carry him. His father carried the child and the child was safe on his father’s shoulders. This is exactly true of a person who is trying to deal with his enemies. It is not ours to judge others; or punish others. They are also God’s children. All we can do is to ask Him to carry us in His bosom for safety.

So next time if you are disappointed in others, remember to forgive, forget and move on. All are God’s children!